

Bereavement Support – links and resources

Updated 24th April 2020

Child Bereavement UK

<https://www.childbereavementuk.org/>

We help children and young people (up to age 25), parents, and families, to rebuild their lives when a child grieves or when a child dies. We also provide training to professionals, equipping them to provide the best possible care to bereaved families.

Rainbows

<https://rainbowsgb.org/>

Rainbows Bereavement Support GB offers high quality training in bereavement and loss, and supports communities in reviewing or developing their own bereavement policy and procedures. Through locally based Registered Directors, the charity offers training in the use of Rainbows age related peer support programmes which help foster emotional healing among children, young people and adults.

Cruse Bereavement Care

<https://www.cruse.org.uk/>

Charity offering support, advice and information to children, young people and adults when someone dies. They have a specific set of resources and help for schools accessed through: <https://www.cruse.org.uk/get-help/for-schools>

Hope Again

<https://www.hopeagain.org.uk/>

Hope Again is the youth website of [Cruse Bereavement Care](#). It is a safe place where you can learn from other young people, how to cope with grief, and feel less alone.

Here you will find information about our services, a listening ear from other young people and advice for any young person dealing with the loss of a loved one.

Hope Again provides somewhere to turn to when someone dies.

Winston's Wish

<https://www.winstonswish.org/about-us/>

Winston's Wish supports bereaved children, young people, their families and the professionals who support them.

St Christopher's Hospice – Candle Child Bereavement Service

<https://www.stchristophers.org.uk/candle>

St Christopher's has been providing bereavement counselling to patients' families for over 40 years. Our Candle Child Bereavement Service extends this support to all children, young people and their families in the

south east London area. We also offer specialist training, advice and consultancy services to schools and other agencies working with children facing bereavement.

Marie Curie

<https://www.mariecurie.org.uk/>

An organisation that provides care and support through terminal illness. Their website includes information about their services; there is a support line to ring and a range of booklets and resources for people living with a terminal illness, and their family, friends and carers.

Macmillan

<https://www.macmillan.org.uk/>

At Macmillan, we understand the many ways in which a cancer diagnosis can affect your life. Whatever cancer throws your way, we're right there with you. From the moment you're diagnosed, through your treatment and beyond, we're right there with you, offering emotional, physical and financial support.

Living On

<http://livingon.org.uk/>

Living On helps and supports children, young people and families in the Bromley Area to cope through the grieving process. Living On is here to help you with these conversations and to encourage children to ask the questions they may have. To discover ways and strategies to deal with their grief, adapt to the changes it may have brought to their lives and manage their difficult feelings. We encourage children and young people to support each other. With the right support, bereaved children and young people can continue to reach their full potential and become resilient adults.