

Learning to Learn

Learning to Learn is a course which pupils in Year 7 follow in Year 7 only, with one lesson each fortnight. It is designed to support their learning as they transfer to their secondary phase of education.

Topics covered include:

Organisation, concentration procrastination issues

How the brain works

How to help the brain learn better

Mind mapping

A growth mind set

Multiple intelligences

Memory techniques

Team work skills

Effective revision techniques

There is no examination at the end of the course.