

YEAR GROUP	HEALTH AND WELLBEING	SRE AND RELATIONSHIPS	LIVING IN THE WIDER WORLD
YEAR 7	1) Introduction to Secondary School 2) Healthy Eating and Dental Health 3) Healthy living and Illness 4) Learn to learn 1 5) First Aid 6) Learn to learn 2 7) Learn to learn 3 8) Learn to learn 4 9) Bullying 10) Cybercrime 11) Grief 12) Stress 13) Meditation	14) Family Life and Relationships 15) Puberty 16) Body Image 17) Friendship 18) Learn to learn 5 19) FGM and Child Marriage 20) Marriage 21) Relationships 22) Learn to learn 6 23) Learn to learn 7	24) Stereotyping 25) British Values 26) Skills and Hobbies 27) Learn to learn 8 28) Learn to learn 9 29) Money and Management 30) Learn to learn 10 31) Learn to learn 11 32) Year Reflection Extra lesson – Deaf Awareness
YEAR 8	1) Personal Goals and Reflection 2) Smoking 3) Alcohol and Drugs 4) First Aid 5) Stress 6) Depression 7) Meditation 8) Grief 9) Bullying	10) Body Image 11) Self-Esteem 12) Relationships 13) Cyberbullying 14) Self-Esteem Online 15) Social Media Dangers	16) Fairtrade 17) Politics 18) Diversity 19) Disability 20) Options 21) Year Reflection Extra lesson – Confident Comparisons Extra lesson – Mental Health
YEAR 9	1) Personal Development 2) Healthy Living 3) Drugs Education 4) Blood, Organ and Stem Cell Donation 5) First Aid 6) Emotional Wellbeing 7) Mental Health 8) Bullying	9) Sex and Relationships 10) Body Image 11) Gender Issues 12) Cyberbullying 13) Sexting 14) Pregnancy	15) Challenge 16) Politics 17) Young Offenders 18) Prejudice 19) Fairtrade 20) Banking 21) Year Reflection Extra lesson – Banish Body Talk Extra lesson – Appearance issues
YEAR 10	1) Introduction to GCSEs 2) Healthy Living 3) Stress 4) Online Grooming 5) First Aid 6) Exam Stress 7) Meditation	8) Sex the Basics 9) Contraception 10) Coercion 11) Sexting 12) Social media Dangers 13) Immunisations and Vaccinations	14) Knife Crime 15) Extremism 16) Antisocial Behaviour 17) Slave Labour 18) Revision and Techniques 19) CV Writing 20) Post 16 Pathways 21) Year Reflection Extra lesson – Make the Change
YEAR 11	1) My Journey so Far 2) Healthy Lifestyles 3) Eating Disorders 4) Types of Cancer 5) Mindfulness 6) First Aid	7) STIs 8) Pornography 9) Consent 10) Menopause and Fertility 11) Sexuality	12) Extremism 13) Money and Budgets 14) Interviews 15) Work/Life Balance 16) Post 16 Pathways 17) Revision 18) Year Reflection