

Below is our programme of Personal, Social and Health Education which includes aspects of Citizenship Education. It is constantly evolving and can be altered during the course of a particular year in response to the needs of a year group. The current programme of study is indicated in black and proposed developments for next year are in red. If you wish to comment on any aspects of the PSHE programme please contact me directly. If you are able to contribute to our programme in any way I would also be delighted to hear from you. There are no examinations in this subject.

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Theme	Year 7	Year 8	Year 9
<p>Relationships and sex education</p>	<p>Friendship types</p> <p>Forming friendships.</p> <p>Friendship influences.</p> <p>Problem solving.</p> <p>Bullying issues</p>	<p>Resolving conflicts within the family</p> <p><i>Dealing with anger</i></p> <hr/> <ul style="list-style-type: none"> ● Definition of relationships ● different types of love ● attraction ● pressures to conform ● starting relationships ● relationship breakdown ● negotiation and compromise within relationships <p>Unhealthy relationships</p> <p>Child cruelty, neglect emotional abuse, physical abuse, sexual abuse, grooming</p>	<p>Year 9 Health day delivered by outside professionals</p> <p>-----</p> <p>Peer pressure and assertiveness</p> <hr/> <ul style="list-style-type: none"> ● reasons for having or delaying sexual relationships ● Closeness in relationships can be achieved without having sex ● Ways to respond to unwanted pressures in relationships ● The law about the age of consent ● Contraception

<p>Physical & emotional health and well being</p>	<p><i>Promoting emotional health during transition from primary to secondary school</i></p> <p><i>The importance of a healthy balanced diet</i></p> <p>Introduction to range of drugs</p> <p>Growth mindset (covered in L2L)</p>	<p><i>Promoting emotional wellbeing</i></p> <p><i>Cancer awareness</i></p> <ul style="list-style-type: none"> • the risks involved in taking drugs • the factors affecting the effects that drugs have • the reasons why people take drugs • actions if involved in a situation which features drugs • Focus on Smoking 	<p><i>Resilience and reframing failure</i></p> <p><i>Body image advertising</i></p> <p><i>Eating disorders</i></p> <ul style="list-style-type: none"> • Drugs and the law • Classification of drugs • Focus on marijuana
<p>Keeping safe</p>	<p>Internet safety</p> <p>Road safety</p> <p>Emergency aid</p>	<p>Safety from robbery</p>	
<p>Citizenship</p>	<p>Introduction to school values</p> <p>British values</p> <hr/> <p>Britain as a diverse society</p> <hr/> <p>Rights and responsibilities at school and home.</p> <p>UN convention on Rights of Children. Child labour globally.</p>	<p>Stereotyping</p> <p>Immigration</p> <p>Prejudice and racism</p> <hr/> <p>The role of advertising and media in society</p> <p><i>Press freedom and Vs the right to privacy</i></p> <hr/> <p>Local government and democracy</p>	<p>Crime and the judicial system</p> <p>-----</p> <p>National government and democracy</p> <p><i>Human Rights</i></p>

Economic well being and financial awareness	Needs and wants. Pocket money/allowances. Self-employed/employees. Salary/wages. Child employment laws. Average salaries.	Saving money, spending money and buying.	Gambling awareness ----- <i>The national economy</i>
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